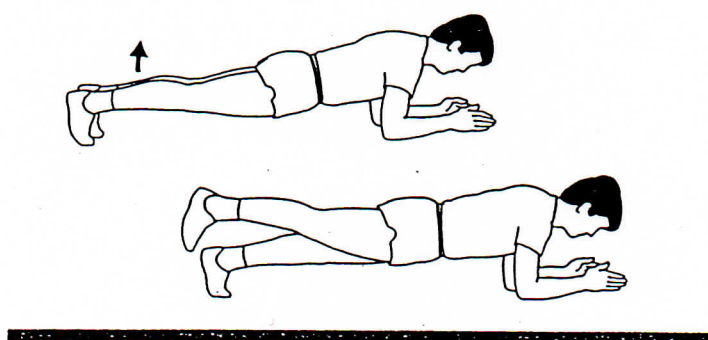
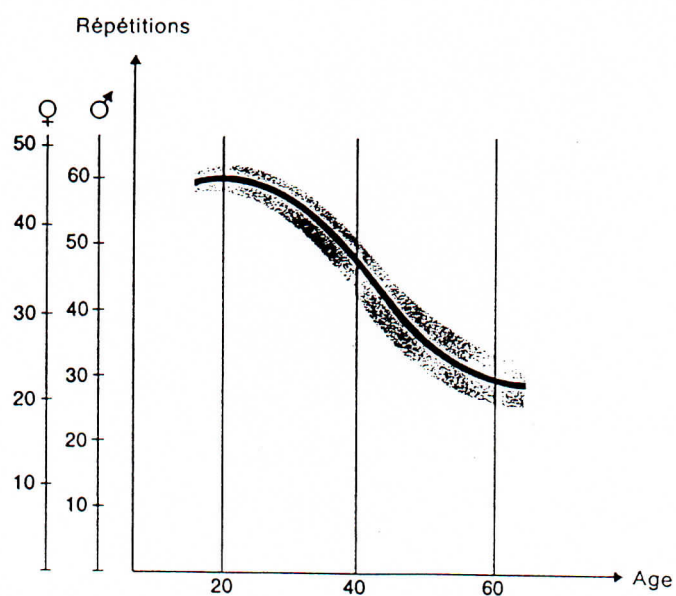


Evaluation de la force-endurance

Muscles du tronc (test global)



Valeurs normales



La force

Théorie et pratique

Hans Spring, Hans-Ruedi Kunz, Werner Schneider